**Les Menuires**

**Categories**

**Good For**

Beginners

Intermediates

Experts

Snowboarders

Families

Après ski

**Data**

**Beginner Runs**

55

**Intermediate Runs**

24

**Advanced Runs**

8

**Total Runs**

87

**Lifts**

34

**Chairs**

14

**Drags**

13

**Gondola Cable Cars**

7

**Parks**

1

**Pipes**

0

**Weather**

**Annual Snowfall**

7.5m (25ft).

**Overview**

Built in the 1960s boom years of French ski resort construction, Les Menuires was marketed as ‘the smile of the Alps’ – in part due to its vaguely smile-shaped accommodation buildings.

However, Les Menuires’ smile did not last long, with the concrete-based structures quickly falling out of fashion and giving the resort a dilapidated and dated feel – sending skiers scurrying to neighbouring resort.

Thankfully, subsequent renovations and new developments over the past few decades have rejuvenated the resorts grin, with new developments much more keeping with the traditional structures of the region. The renovations not only changed the resort aesthetically but also fundamentally, switching the marketing onus from cheap and cheerful skiing to a family-oriented fun.

But however it may look the major assets that initially made les Menuires so successful remain. For starters, there’s doorstep skiing from a snowsure 1,850m (6,070ft) onto the 600km (370 miles) of piste that makes up the world’s biggest ski region, the Les Trois Vallées (Three Valleys). Couple this incredible choice of terrain with Les Menuires’ growing number of boutiques, accommodation and restaurants, and even the dourest of visitors is likely to leave beaming.

**Location**

Les Menuires is located in the Belleville Valley of the Savoy Alps in France, within the Massif de Tarentaise. It’s also part of the Les Trois Vallées – the world’s largest fully lift-interlinked ski area.

**Website**

http://en.lesmenuires.com/

**Piste Map**

http://en.lesmenuires.com/winter/ski-snowboard/piste-map

**Hit The Slopes**

Thanks to its high altitude and a snow-making operation covering half of its vast area, Les Menuires is able to guarantee at least 80% snow cover to resort level throughout the season, which runs from early December to late April.

Being in the midst of the world’s biggest lift and piste network, it’s no surprise there is a fantastic range of skiing for all abilities. The first decision for many is not really where to go, but whether to buy a pass for the Belleville Valley or the full pass, which also gives access to neighbouring Méribel and Courchevel. But as the ski area around Les Menuires covers 160km (100 miles) and the full Belleville Valley takes in 300km (187 miles), less adventurous intermediates may not feel the need to buy the full Trois Vallées pass, saving around 20% of the cost.

Les Menuires has invested heavily in its facilities for beginners, creating a beginners’ area with an easy-to-use conveyor lift, as well as the new, free-to-use Gaston’s blue piste at the top of the resort near Reberty.

Intermediate and advanced level skiers will find hundreds of runs from some of the major summits; those with a smartphone can download the Les Menuires app, which shows 15 specially selected itineraries.

Freestyle skiers and boarders will have fun at the BK Park, while there’s a boardercross course and the free LM Park for younger freestylers. Cross-country skiers, meanwhile, have 28km (17 miles) of tracks for both skating and classic techniques.

**Les Menuires**

**Resort**

1850

**Base**

1450

**Top**

2850

**General**

**Beyond The Slopes**

There's an increasingly wide range of activities in Les Menuires besides skiing and boarding as the resort continues to diversify its offering.

These include the large SOGEVAB sports centre (tel: +33 479 010 883), which offers squash and tennis courts, a heated outdoor pool and a new wellness centre. Other indoor options include Les Clarines Spa (tel: +33 479 000 076), which also operates a special children’s spa for six to 16-year-olds. There are also two cinemas and a museum.

On the snow, adults can choose between activities ranging from dog sledding to snowmobiling, snowshoeing and the new addition of mountain biking on snow. Those who have a head for heights and want to see the stunning scenery from above can try microlight flights and paragliding.

The 4km-long (2.5 mile) Roc’n Bob sledging course is a big family attraction, available for anyone aged seven and over. There’s also a rail-mounted toboggan course where you can race against the resort’s mascot, Boukty.

**Family Fun**

Les Menuires is arguably the most family-friendly of the Les Trois Vallées resorts, with services for children of all ages. Le Club Piou-Piou (tel: +33 479 006 379), a non-ski nursery for babies from three months old in La Croisette, looks after children aged up to five years.

Children (three years and over) who are itching to learn how to ski can head to the École du Ski Français (ESF) (tel: +33 4 7900 6143; [www.esf-lesmenuires.com](http://www.esf-lesmenuires.com/)). This ski school offers lessons tailored to both learning and fun, with lessons in line with the French national learning and certification programme.

In addition, Walibi Gliss, in the La Masse area, is a complete play park area for children.

**Retail Therapy**

The choice of shops in Les Menuires continues to expand and is now nearing 100 outlets, but the onus remains on practicality and functionality rather than glitz and glamour.

A high proportion of these retailers are either ski and board stores or grocery shops, ranging from *boulangeries* and *patisseries* to mini supermarkets. There are also newsagents, photographic stores, banks with cash dispensers, dry cleaners, hairdressers and chemist shops. Additionally, there’s a covered shopping centre in La Croisette.

**Splashing Out**

Vincent Jay, the renowned biathlete (and the first French gold Medal winner of the Vancouver 2010 Olympics) is a Les Menuires local. His sport is an exhausting and exhilarating mix of cross-country skiing and shooting from a standing or lying position. The ESF (tel: +33 479 006 143; [www.esf-lesmenuires.com](http://www.esf-lesmenuires.com)) provides a two-hour introduction to biathlon, for which participants don’t need previous experience of cross-country skiing (though it helps) or shooting.

**Apres Ski**

Les Menuires isn’t the liveliest resort in France, but it isn’t the quietest either, with around 50 increasingly busy bars and nightspots.

Le Challenge (tel: +33 479 007 852) and Le Mousse (tel: +33 479 001 616) in La Croisette are popular hangouts, while nearby Kube (tel: +33 479 006 510), just next to the sports centre, is a cocktail bar with a nice quiet atmosphere and weekly piano or jazz concerts.

Revellers looking to party late into the night should try the Leeberty disco (tel: +33 4 7900 6849), or Le New Pop (tel: +33 479 006 720) in la Croisette, which are two of six late night bars and clubs in the resort.

**Eating Out**

There are more than 50 places to eat in Les Menuires – from Italian and Mexican to the normal Savoyard purveyors of fondue and raclette.

The popular La Chouette (tel: +33 479 002 126) serves reasonably priced Savoyard specialities and a selection of fish dishes, in les Bruyères.

At the gourmet end of the restaurant spectrum, Le ‘K’ at Hotel Kaya (tel: +33 479 414 201; [www.hotel-kaya.com](http://www.hotel-kaya.com/)) is the place to go while on the mountain in Reberty. La Maison de Savoie (tel: +33 479 006 106) is another, which serves a lunchtime *plat du jour* menu until 1600 and has a stunning terraced area. It also offers cookery lessons on Monday where you can learn how to make a perfect fondue.

Le Village (tel: +33 479 412 039) is a small, typical restaurant with good food in la Croisette, with décor designed to look like an ancient Belleville farm.

**Transport**

**Getting There**

Nearest airport: Chambéry Airport (CMF); Grenoble airport (GNB), Lyon St Exupéry Airport (LYS), Geneva airport (GVA), Turin Airport (TRN).

Distance to resort: 115km (71 miles); 178 km (110 miles); 189 km (117 miles), 190 km (118 miles); 260km (162 miles).

Driving time: 1 hour 40 minutes; 1 hour 45 minutes; 1 hour 40 minutes; 2hours; 3 hours.

**Getting Around**

The inter-quarter shuttle, which runs every 20 minutes between 0800 and 2000 (and less frequently thereafter until 2330), links La Croisette, Reberty 1850 and 2000, Le Hameau des Airelles, Les Fontanettes and Les Bruyères. A free inter-village shuttle bus also connects outlying villages five times a day. The additional two quarters of Preyerand and Brelin are connected by a cable car service and lifts.

For most guests, it’s likely they will have direct access to the ski slopes with a good selection of shops and restaurants nearby; so there may not be too much of a need to make use of the various free shuttle bus services.

**Hotels**

In common with most large, French purpose-built resorts, about 90% of the accommodation in Les Menuires is in the form of apartments or residences. However, there are now a number of new, highly regarded hotels in the resort, while many of the better and newer apartment complexes also have hotel-like facilities such as spas, bars and restaurants.

**Hotel Kaya**

One of Les Menuires’ numerous 4-star offerings (until recently the highest classification in France), this contemporary hotel features a snooker room, lounge bar and library.

**Category**

Luxury

**Thoroughfare**

Saint-Martin-de-Belleville

**Neighborhood**

XXX

**Locality**

Les Menuires

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

73440

**Country**

France

**Telephone**

+33 479 414 200

**Website**

www.hotel-kaya.com

**Le Skilt**

A popular 2-star hotel in the centre of La Croisette, the rooms at Le Skilt have balconies and cable TV. Wi-Fi internet access is available to guests.

**Category**

Moderate

**Thoroughfare**

Avenue de la Croisette

**Neighborhood**

XXX

**Locality**

Les Menuires

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

73440

**Country**

France

**Telephone**

+44 127 324 4570

**Website**

www.skibound.co.uk

**Les Clarines**

Built by acclaimed mountain architects MGM, Les Clarines is just 100m (109 yards) from the slopes. This 4-star residence is built in the traditional Savoyard chalet style in timber and stone. Inside, its facilities include a spa and beauty centre, a lounge area with open fire, free Wi-Fi access and a bakery and catering service.

**Category**

Luxury

**Thoroughfare**

XXX

**Neighborhood**

XXX

**Locality**

Les Menuires

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

73440

**Country**

France

**Telephone**

+33 450 331 096

**Website**

www.cgh-residences.com

**Belambra Village Club Neige et Ciel**

The centrally located, family-orientated Belambra complex has 203 rooms with Wi-Fi access and TVs. A kids’ club is run on the premises and entertainment is provided for 11 to 17-year-olds.

**Category**

Cheap

**Thoroughfare**

Saint-Martin-de-Belleville

**Neighborhood**

XXX

**Locality**

Les Menuires

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

73440

**Country**

France

**Telephone**

+33 479 006 230

**Website**

www.belambra.fr

**Hotel Les Bruyères**

Hotel Les Bruyères is the resort’s first carbon-neutral hotel. Guests here can expect regional and seasonal ingredients in its restaurant and there is also a comfy bar and lounge area with an open fireplace.

**Category**

Moderate

**Thoroughfare**

Saint-Martin-de-Belleville

**Neighborhood**

XXX

**Locality**

Les Menuires

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

73440

**Country**

France

**Telephone**

+33 479 007 510

**Website**

www.bruyeres-hotel-menuires.com